

Oakville Aquatic Club



Season 2025-2026 Development Groups

Pool Legend

AC = Appleby College (540 Lakeshore Road West)
CCC = Clarkson Community Centre (2475 Truscott Drive)
GACC = Glen Abbey Community Centre (1415 Third Line)
IRCC = Iroquois Ridge Community Centre (1051 Glenashton Drive)
OB = OAK Bunker (1121 Invicta Drive, Unit 2)
OTCC = Oakville Trafalgar Community Centre (325 Reynolds Street)
QEP = Queen Elizabeth Park Community and Cultural Center (2302 Bridge Rd.)
WO = White Oaks (1330 Montclair Drive)

Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth National	IRCC: 5:15-7:30am	AC: 5:30-7:15pm	CCC: 5:15-7:30am	OB: 5:30-6:30pm WO: 6:45-8:30pm	IRCC: 5:45-8:00pm	WO: 5:45-8:00am OB: 8:30-9:30am	
Youth Performance	IRCC: 5:15-7:30am	IRCC: 6:45-9:00pm		OTCC: 5:15-7:30am OB: 5:00-6:00pm	WO: 3:40-5:55pm	OTCC: 5:45-8:00am	
Youth		CCC: 5:15-7:00am			OTCC: 3:45-5:15pm	OB: 2:00-3:00pm IRCC: 3:15-5:15pm	WO: 5:45-8:00am
Development 1	OB: 4:45-5:30pm WO: 5:45-7:30pm	IRCC: 5:30-7:30am	AC: 5:15-7:15am		IRCC: 5:45-8:00pm	IRCC: 6:45-8:30am OB: 9:00-10:00am	
Development 2		IRCC: 5:30-7:30am	OB: 6:00-7:00pm IRCC: 7:15-9:00pm		QEP: 4:15-5:45pm	QEP: 6:30-8:45am	
Development 3	OB: 4:00-4:45pm		IRCC: 7:15-9:00pm		QEP: 5:30-7:00pm	IRCC: 6:45-8:30am	

****Attention all Members: This schedule is subject to change around holidays and pool closures. It is the responsibility of all members to discuss your group schedule with your respective coach on a regular basis to ensure that you are aware of any changes to the above schedule at any time throughout the season.****