

Oakville Aquatic Club



Development Groups

OCTOBER-DECEMBER

Starts: September 29

Pool Legend

AC = Appleby College (540 Lakeshore Road West)
 CCC = Clarkson Community Centre (2475 Truscott Drive)
 GACC = Glen Abbey Community Centre (1415 Third Line)
 MAC = McMaster Pool (1280 Main Street West)
 OB = OAK Bunker (1121 Invicta Drive, Unit 2)
 OTCC = Oakville Trafalgar Community Centre (325 Reynolds Street)
 QEP = Queen Elizabeth Park Community and Cultural Center (2302 Bridge Rd.)
 WO = White Oaks (1330 Montclair Drive)

Groups	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Youth National	WO: 3:45-5:30pm	WO: 5:15-7:30am	OB: 4:45-5:45pm	WO: 5:15-6:30am		MAC: 12:15-2:30pm	AC: 5:45-8:00am
				WO: 6:30-7:00am (Dryland)			OB: 8:30-9:30am
		AC: 7:00-8:45pm					
Youth Performance		AC: 5:30-7:15pm	AC: 5:30-7:15am	WO: 6:00-6:30am (Dryland)	OB: 4:00-5:00pm OTCC: 5:15-7:00pm	OTCC: 5:45-8:00am	
				WO: 6:30-7:30am			
Youth		GACC: 5:45-7:30am	OB: 6:45-7:45pm		AC: 5:30-7:15pm	CCC: 5:45-7:30am	MAC: 10:45-12:30
Development 1	WO: 3:45-5:30pm OB: 6:00-6:45pm	AC: 5:30-7:00am		GACC: 5:45-7:30am	OTCC: 6:45-8:30pm	AC: 5:45-7:30am OB: 8:30-9:30am	
Development 2			QEP: 7:50-9:05pm	OB: 5:00-6:00pm WO: 6:15-7:30pm	QEP: 4:15-6:00pm		QEP: 6:15-8:15am
Development 3		OB: 5:30-6:30pm QEP: 7:00-8:15pm			QEP: 5:45-7:00pm	QEP: 7:15-8:45am	

****Attention all Members:** This schedule is subject to change around holidays and pool closures. It is the responsibility of all members to discuss your group schedule with your respective coach on a regular basis to ensure that you are aware of any changes to the above schedule at any time throughout the season.**