



OAK TOP 10 - Season 2023/2024


50 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET		PLACE	NAME	SWIMTIME	MEET
1	DE LUCIA, Paolo	24.61	MSSAC Open		1	FRENCH, Cordelia	27.49	MSSAC Open
1	ZHANG, Sunny	25.12	MSSAC Open		2	DONNELLY, Megan	27.70	LAC - Nothers
3	ELSAYED, Ahmed	25.27	JP Fiset		3	PAVELIC, Margaux	27.81	JP Fiset
4	THOMPSON, Oliver	25.30	LAC - Nothers		4	STROPLE, Brielle	27.86	JP Fiset
5	YOU, Gavin	25.42	LAC - Nothers		5	NGUYEN, Ariel	28.17	MSSAC Open
6	ZHANG, Aidan	25.91	LAC - Nothers		6	COXSON, Cameron	28.20	JP Fiset
7	GHERT-ROUSSEAU, Nicolas	26.27	MSSAC Open		7	MANKTELOW, Emily	28.21	JP Fiset
8	ABDELWAHED, Ziad	26.47	LAC - Nothers		8	COSCARELLA, Jillian	28.24	B Champs
9	REFAAT, Youssef	26.67	Trojan Pentathlon		9	ROBICHAUD, Amelie	28.36	LAC - Nothers
10	MAAMARI, Nadim	26.81	Trojan Pentathlon		10	SONG, Anna	28.37	MSSAC Open


100 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET		PLACE	NAME	SWIMTIME	MEET
1	DE LUCIA, Paolo	53.07	MSSAC Open		1	FRENCH, Cordelia	59.54	MSSAC Open
2	ZHANG, Aidan	54.04	OJI		2	ROBICHAUD, Amelie	1:00.91	LAC - Nothers
3	THOMPSON, Oliver	54.84	PanAM Open		3	PAVELIC, Margaux	1:01.06	JP Fiset
4	GHERT-ROUSSEAU, Nicolas	55.23	MSSAC Open		4	STROPLE, Brielle	1:01.18	LAC - Nothers
5	REFAAT, Youssef	56.40	JP Fiset		5	SONG, Anna	1:01.44	B Champs
6	ELSAYED, Ahmed	56.50	LAC - Nothers		6	GONGORA GAYTAN, Daniela	1:01.71	PanAM Open
7	YOU, Gavin	56.53	LAC - Nothers		7	MANKTELOW, Emily	1:02.16	PanAM Open
8	ZHANG, Sunny	57.25	LAC - Nothers		8	COXSON, Cameron	1:02.16	B Champs
9	MAAMARI, Nadim	57.92	Trojan Pentathlon		9	COSCARELLA, Jillian	1:02.35	B Champs
10	KULECZKA, Alexander	58.31	LAC - Nothers		10	COSGRIFFE, Jaime	1:02.43	OJI


200 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET		PLACE	NAME	SWIMTIME	MEET
1	THOMPSON, Oliver	1:54.29	OJI		1	DONNELLY, Megan	2:09.22	LAC - Nothers
2	DE LUCIA, Paolo	1:59.95	MSSAC Open		2	GONGORA GAYTAN, Daniela	2:09.24	LAC - Nothers
3	GHERT-ROUSSEAU, Nicolas	2:01.44	LAC - Nothers		3	TAHIR, Hailey	2:12.60	JP Fiset
4	ZHANG, Aidan	2:02.01	BAC SC		4	XIA, Vanessa	2:13.68	LAC - Nothers
5	ELSAYED, Ahmed	2:04.56	JP Fiset		5	FRENCH, Cordelia	2:14.73	PanAM Open
6	KULECZKA, Alexander	2:06.25	MSSAC Open		6	PAVELIC, Margaux	2:15.12	JP Fiset
7	HANSON, Rhys	2:06.39	Trojan Pentathlon		7	MANKTELOW, Emily	2:16.24	B Champs
8	MAAMARI, Nadim	2:06.63	MSSAC Open		8	COSCARELLA, Jillian	2:17.76	JP Fiset
9	RAJOTTE, Brayden	2:08.50	B Champs		9	STROPLE, Brielle	2:17.82	JP Fiset
10	MOREIRA, Arthur	2:08.65	JP Fiset		10	TEJANI, Aleesha	2:17.94	C Champs

400 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET		PLACE	NAME	SWIMTIME	MEET
1	THOMPSON, Oliver	4:01.30	OJI		1	GONGORA GAYTAN, Daniela	4:33.92	LAC - Nothers
2	REYES, Javier	4:16.63	MSSAC Open		2	DONNELLY, Megan	4:34.86	OJI
3	GHERT-ROUSSEAU, Nicolas	4:20.89	MSSAC Open		3	TAHIR, Hailey	4:40.87	JP Fiset
4	DE LUCIA, Paolo	4:23.32	MSSAC Open		4	XIA, Vanessa	4:46.34	LAC - Nothers
5	HANSON, Rhys	4:26.81	B Champs		5	SONG, Anna	4:48.78	MSSAC Open
6	MAAMARI, Nadim	4:28.22	MSSAC Open		6	PAVELIC, Margaux	4:49.90	B Champs
7	KULECZKA, Alexander	4:29.12	MSSAC Open		7	FRENCH, Cordelia	4:51.30	LAC - Nothers
8	KI, Aidan	4:32.49	MSSAC Open		8	COSCARELLA, Jillian	4:55.14	B Champs
9	XIA, Manu	4:32.97	LAC - Nothers		9	PATRICK, Sidney	4:56.19	B Champs
10	MOREIRA, Arthur	4:33.03	JP Fiset		10	HOZAYEN, Hanna	4:56.61	JP Fiset

800 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET		PLACE	NAME	SWIMTIME	MEET
1	THOMPSON, Oliver	8:17.90	OJI		1	GONGORA GAYTAN, Daniela	9:15.60	JP Fiset
2	REYES, Javier	8:39.69	MSSAC Open		2	DONNELLY, Megan	9:19.46	OJI
3	HANSON, Rhys	9:11.05	B Champs		3	XIA, Vanessa	9:48.99	LAC - Nothers
4	GHERT-ROUSSEAU, Nicolas	9:11.25	LAC - Nothers		4	FRENCH, Cordelia	10:03.63	LAC - Nothers
5	DE LUCIA, Paolo	9:14.26	LAC - Nothers		5	SONG, Anna	10:02.52	B Champs
6	XIA, Manu	9:16.03	PanAM Open		6	TAHIR, Hailey	10:05.77	PanAM Open
7	KULECZKA, Alexander	9:18.78	B Champs		7	STROPLE, Brielle	10:11.68	LAC - Nothers
8	REFAAT, Youssef	9:19.62	JP Fiset		8	HOZAYEN, Hanna	10:11.92	JP Fiset
9	MOREIRA, Arthur	9:23.64	B Champs		9	MANKTELOW, Emily	10:17.97	LAC - Nothers
10	ABDELWAHED, Ziad	9:32.84	LAC - Nothers		10	WANG, Aryia	10:18.30	JP Fiset

1500 M Freestyle (SC)

PLACE	NAME	SWIMTIME	MEET
1	THOMPSON, Oliver	16:12.08	OJI
2	MOREIRA, Arthur	17:58.03	JP Fiset
3	REFAAT, Youssef	17:58.05	LAC - Nothers
4	Xia, Manu	17:58.69	JP Fiset
5	KULECZKA, Alexander	18:52.84	LAC - Nothers
6	ABDELWAHED, Ziad	19:11.50	PanAM OPen
7	KI, Aidan	19:33.63	PanAM OPen
8	GILL, Uday	21:07.11	Gus Ryder
9	KULASIC, Faruk	22:11.18	David Lawson
10			



PLACE	NAME	SWIMTIME	MEET
1	DONNELLY, Megan	17:37.03	OJI
2	GONGORA GAYTAN, Daniela	18:01.43	LAC - Nothers
3	TAHIR, Hailey	18:47.90	JP Fiset
4	HOZAYEN, Hanna	19:21.49	JP Fiset
5	MANKTELOW, Emily	19:39.16	PanAM OPen
6	SHEMILT, Grace	19:39.87	JP Fiset
7	Hansen, Clara	22:19.87	David Lawson
8			
9			
10			

50 M Backstroke (SC)

PLACE	NAME	SWIMTIME	MEET
1	ELSAIED, Ahmed	29.04	LAC - Nothers
2	HANSON, Rhys	29.58	B Champs
3	REYES, Javier	30.23	LAC - Nothers
4	THOMPSON, Oliver	30.37	LAC - Nothers
5	XIA, Manu	30.57	LAC - Nothers
6	SUTHERLAND, Eric	30.87	PanAM OPen
7	ABDELWAHED, Ziad	30.87	Trojan Pentathlon
8	DE LUCIA, Paolo	31.03	LAC - Nothers
9	DINDAYAL, Zayden	31.20	LAC - Nothers
10	CHU, Aaron	31.32	LAC - Nothers



PLACE	NAME	SWIMTIME	MEET
1	XIA, Vanessa	29.58	LAC - Nothers
2	STROPLE, Brielle	31.48	JP Fiset
3	SONG, Anna	31.57	B Champs
4	COSGRIFFE, Jaime	31.65	OJI
5	NUSCA, Trinity	31.90	Trojan Pentathlon
6	NGUYEN, Ariel	32.05	PanAM OPen
7	DONNELLY, Megan	32.43	LAC - Nothers
8	FRENCH, Cordelia	32.64	PanAM OPen
9	SHEMILT, Grace	33.53	B Champs
9	SANG, Teresa	33.61	Winter Festivals

100 M Backstroke (SC)

PLACE	NAME	SWIMTIME	MEET
1	REYES, Javier	1:02.30	MSSAC Open
2	ELSAIED, Ahmed	1:03.24	LAC - Nothers
3	HANSON, Rhys	1:03.31	MSSAC Open
4	RAJOTTE, Brayden	1:04.46	B Champs
5	ABDELWAHED, Ziad	1:04.93	JP Fiset
6	XIA, Manu	1:06.09	JP Fiset
7	SAMUS, Johnny	1:06.89	MSSAC Open
8	SUTHERLAND, Eric	1:07.47	PanAM OPen
9	LABERGE, Romeo	1:08.11	B Champs
10	CHU, Aaron	1:08.53	PanAM OPen



PLACE	NAME	SWIMTIME	MEET
1	XIA, Vanessa	1:02.64	LAC - Nothers
2	STROPLE, Brielle	1:06.80	JP Fiset
3	NGUYEN, Ariel	1:08.55	LAC - Nothers
4	COSGRIFFE, Katie	1:09.97	PanAM OPen
5	SONG, Anna	1:10.30	MSSAC Open
6	FRENCH, Cordelia	1:10.59	PanAM OPen
7	TEJANI, Aleesha	1:10.71	JP Fiset
8	GONGORA GAYTAN, Daniela	1:10.79	PanAM OPen
9	NUSCA, Trinity	1:11.48	C Champs
10	SANG, Teresa	1:13.23	Winter Festivals

200 M Backstroke (SC)

PLACE	NAME	SWIMTIME	MEET
1	REYES, Javier	2:10.49	MSSAC Open
2	HANSON, Rhys	2:15.14	B Champs
3	ABDELWAHED, Ziad	2:17.43	JP Fiset
4	THOMPSON, Oliver	2:19.30	PanAM OPen
5	GHERT-ROUSSEAU, Nicolas	2:21.20	PanAM OPen
6	XIA, Manu	2:22.16	JP Fiset
7	RAJOTTE, Brayden	2:22.75	LAC - Nothers
8	CHU, Aaron	2:22.82	MSSAC Open
9	DINDAYAL, Zayden	2:24.09	PanAM OPen
10	KULECZKA, Alexander	2:26.72	MSSAC Open



PLACE	NAME	SWIMTIME	MEET
1	XIA, Vanessa	2:18.31	OJI
2	FRENCH, Cordelia	2:23.36	MSSAC Open
3	NGUYEN, Ariel	2:26.63	MSSAC Open
4	DONNELLY, Megan	2:27.52	PanAM OPen
5	STROPLE, Brielle	2:28.81	JP Fiset
6	SONG, Anna	2:31.13	LAC - Nothers
7	TEJANI, Aleesha	2:32.74	B Champs
8	COSGRIFFE, Katie	2:34.89	PanAM OPen
9	WANG, Aryia	2:37.19	LAC - Nothers
10	SUN, Miranda	2:37.35	B Champs

50 M Breaststroke (SC)

PLACE	NAME	SWIMTIME	MEET
1	CHU, Aaron	31.98	PanAM OPen
2	ELSAIED, Ahmed	33.09	PanAM OPen
3	ZHENG, Andrew	33.33	MSSAC Open
4	CHEN, Zimu	33.89	PanAM OPen
5	MOREIRA, Arthur	34.09	JP Fiset
6	CHAPMAN, Elias	34.32	PanAM OPen
7	SAMUS, Johnny	34.32	LAC - Nothers
8	DE LUCIA, Paolo	34.35	LAC - Nothers
9	ZHANG, Sunny	34.38	MSSAC Open
10	GHERT-ROUSSEAU, Nicolas	34.71	LAC - Nothers



PLACE	NAME	SWIMTIME	MEET
1	SONG, Anna	34.47	MSSAC Open
2	WANG, Aryia	35.01	JP Fiset
3	HEUFT, Melanie	35.28	JP Fiset
4	MALHAS, Maya	35.71	JP Fiset
5	ROBICHAUD, Amelie	36.40	LAC - Nothers
6	TADDEO, Jessica	37.63	LAC - Nothers
7	GONGORA GAYTAN, Daniela	38.23	LAC - Nothers
8	BROOME, Victoria	38.24	JP Fiset
9	COSGRIFFE, Katie	38.29	OJI
10	XIA, Vanessa	38.32	LAC - Nothers

100 M Breaststroke (SC)				100 M Breaststroke (SC)			
PLACE	NAME	SWIMTIME	MEET	PLACE	NAME	SWIMTIME	MEET
1	FAHMI, Tamim	1:11.19	MSSAC Open	1	SONG, Anna	1:16.27	LAC - Nothers
2	CHU, Aaron	1:11.52	PanAM Open	2	HEUFT, Melanie	1:16.62	JP Fiset
3	ZHENG, Andrew	1:12.41	MSSAC Open	3	MALHAS, Maya	1:16.85	LAC - Nothers
4	CHEN, Zimu	1:13.09	MSSAC Open	4	WANG, Aryia	1:18.14	JP Fiset
5	DINDAYAL, Zayden	1:13.35	B Champs	5	ROBICHAUD, Amelie	1:19.71	PanAM Open
6	ZAKATSIOLO, Paul	1:13.35	Winter Festivals	6	TADDEO, Jessica	1:19.85	JP Fiset
7	CHAPMAN, Elias	1:13.70	B Champs	7	BROOME, Victoria	1:22.19	JP Fiset
8	MOREIRA, Arthur	1:14.18	JP Fiset	8	TRAN, Clara	1:23.04	JP Fiset
9	ZHANG, Aidan	1:15.61	BAC	9	XIA, Vanessa	1:23.34	PanAM Open
10	SAMUS, Johnny	1:15.90	B Champs	10	GUAN, Sara	1:24.29	C Champs



200 M Breaststroke (SC)				200 M Breaststroke (SC)			
PLACE	NAME	SWIMTIME	MEET	PLACE	NAME	SWIMTIME	MEET
1	CHU, Aaron	2:34.32	MSSAC Open	1	MALHAS, Maya	2:43.32	LAC - Nothers
2	FAHMI, Tamim	2:35.12	LAC - Nothers	2	HEUFT, Melanie	2:45.20	JP Fiset
3	CHAPMAN, Elias	2:37.23	B Champs	3	SONG, Anna	2:46.03	MSSAC Open
4	MOREIRA, Arthur	2:38.90	JP Fiset	4	WANG, Aryia	2:49.76	B Champs
5	THOMPSON, Oliver	2:39.22	PanAM Open	5	TADDEO, Jessica	2:50.98	JP Fiset
6	ZHENG, Andrew	2:40.27	MSSAC Open	6	GONGORA GAYTAN, Daniela	2:51.72	PanAM Open
7	CHEN, Zimu	2:41.89	MSSAC Open	7	FRENCH, Cordelia	2:53.32	PanAM Open
8	ZAKATSIOLO, Paul	2:43.72	Winter Festivals	8	BROOME, Victoria	2:57.83	LAC - Nothers
9	ELSAIED, Ahmed	2:43.98	B Champs	9	TRAN, Bao Chau Clara	2:58.88	B Champs
10	DINDAYAL, Zayden	2:45.76	PanAM Open	10	TAHIR, Hailey	3:00.57	B Champs



50 M Butterfly (SC)				50 M Butterfly (SC)			
PLACE	NAME	SWIMTIME	MEET	PLACE	NAME	SWIMTIME	MEET
1	ZHANG, Aidan	26.32	OJI	1	XIA, Vanessa	28.51	OJI
2	DE LUCIA, Paolo	27.33	LAC - Nothers	2	ROBICHAUD, Amelie	29.60	JP Fiset
3	THOMPSON, Oliver	27.36	LAC - Nothers	3	PAVELIC, Margaux	29.80	JP Fiset
4	ELSAIED, Ahmed	27.62	LAC - Nothers	4	FRENCH, Cordelia	30.11	MSSAC Open
5	REFAAT, Youssef	28.63	JP Fiset	5	DONNELLY, Megan	30.19	LAC - Nothers
6	FAHMI, Tamim	28.00	PanAM Open	6	COSGRIFFE, Katie	30.37	OJI
7	REYES, Javier	28.22	LAC - Nothers	7	NUSCA, Trinity	30.43	C Champs
8	GHERT-ROUSSEAU, Nicolas	28.46	LAC - Nothers	8	KLEMS, Lauren	30.66	JP Fiset
9	YOU, Gavin	28.54	LAC - Nothers	9	COXSON, Cameron	30.86	JP Fiset
10	ZHANG, Sunny	28.92	LAC - Nothers	10	STROPLE, Brielle	31.07	LAC - Nothers



100 M Butterfly (SC)				100 M Butterfly (SC)			
PLACE	NAME	SWIMTIME	MEET	PLACE	NAME	SWIMTIME	MEET
1	ZHANG, Aidan	57.97	OJI	1	DONNELLY, Megan	1:05.44	PanAM Open
2	DE LUCIA, Paolo	59.02	MSSAC Open	2	ROBICHAUD, Amelie	1:05.58	JP Fiset
3	THOMPSON, Oliver	1:00.33	LAC - Nothers	3	XIA, Vanessa	1:05.75	OJI
4	REYES, Javier	1:00.38	MSSAC Open	4	COSGRIFFE, Katie	1:07.76	OJI
5	REFAAT, Youssef	1:01.73	JP Fiset	5	SONG, Anna	1:08.02	B Champs
6	ELSAIED, Ahmed	1:02.52	JP Fiset	6	KLEMS, Lauren	1:08.13	JP Fiset
7	YOU, Gavin	1:02.74	MSSAC Open	7	TAHIR, Hailey	1:08.15	LAC - Nothers
8	ABDELWAHED, Ziad	1:02.88	JP Fiset	8	PAVELIC, Margaux	1:08.23	JP Fiset
9	DINDAYAL, Zayden	1:03.17	JP Fiset	9	NUSCA, Trinity	1:08.39	LAC - Nothers
10	FAHMI, Tamim	1:04.27	MSSAC Open	10	TEJANI, Aleesha	1:08.69	B Champs



200 M Butterfly (SC)				200 M Butterfly (SC)			
PLACE	NAME	SWIMTIME	MEET	PLACE	NAME	SWIMTIME	MEET
1	ZHANG, Aidan	2:08.87	OJI	1	DONNELLY, Megan	2:22.38	LAC - Nothers
2	REYES, Javier	2:15.04	MSSAC Open	2	GONGORA GAYTAN, Daniela	2:29.37	LAC - Nothers
3	DINDAYAL, Zayden	2:19.67	JP Fiset	3	ROBICHAUD, Amelie	2:29.58	LAC - Nothers
4	THOMPSON, Oliver	2:20.59	LAC - Nothers	4	TAHIR, Hailey	2:30.30	JP Fiset
5	REFAAT, Youssef	2:22.03	PanAM Open	5	NUSCA, Trinity	2:34.92	B Champs
6	LABERGE, Romeo	2:25.13	LAC - Nothers	6	SONG, Anna	2:36.27	B Champs
7	XIA, Manu	2:25.16	JP Fiset	7	SUN, Jiachen	2:36.76	B Champs
8	ELSAIED, Ahmed	2:26.68	B Champs	8	PAVELIC, Margaux	2:37.89	LAC - Nothers
9	GHERT-ROUSSEAU, Nicolas	2:28.23	LAC - Nothers	9	FRENCH, Cordelia	2:38.52	PanAM Open
10	FAHMI, Tamim	2:30.11	LAC - Nothers	10	KLEMS, Lauren	2:40.11	B Champs



200 M IM (SC)

PLACE	NAME	SWIMTIME	MEET
1	ZHANG, Aidan	2:13.06	OJI
2	THOMPSON, Oliver	2:16.41	PanAM OPen
3	GHERT-ROUSSEAU, Nicolas	2:19.41	LAC - Nothers
4	ABDELWAHED, Ziad	2:19.69	JP Fiset
5	DE LUCIA, Paolo	2:20.14	BAC SC Invitational
6	FAHMI, Tamim	2:22.92	MSSAC Open
7	XIA, Manu	2:23.30	JP Fiset
8	MAAMARI, Nadim	2:23.31	MSSAC Open
9	CHU, Aaron	2:23.34	LAC - Nothers
10	REYES, Javier	2:23.85	Brad Townsend



PLACE	NAME	SWIMTIME	MEET
1	FRENCH, Cordelia	2:25.73	MSSAC Open
2	GONGORA GAYTAN, Daniela	2:29.65	LAC - Nothers
3	XIA, Vanessa	2:30.19	Brad Townsend
4	SONG, Anna	2:30.75	LAC - Nothers
5	MALHAS, Maya	2:31.41	JP Fiset
6	ROBICHAUD, Amelie	2:31.96	JP Fiset
7	COSGRIFFE, Katie	2:32.04	OJI
8	STROPLE, Brielle	2:33.24	JP Fiset
9	TAHIR, Hailey	2:34.35	JP Fiset
10	DONNELLY, Megan	2:36.02	Brad Townsend

400 M IM (SC)

PLACE	NAME	SWIMTIME	MEET
1	THOMPSON, Oliver	4:41.29	OJI
2	DE LUCIA, Paolo	4:56.69	BAC SC Invitational
3	ABDELWAHED, Ziad	4:59.97	JP Fiset
4	XIA, Manu	5:03.51	LAC - Nothers
5	REFAAT, Youssef	5:04.48	JP Fiset
6	GHERT-ROUSSEAU, Nicolas	5:05.01	PanAM OPen
7	ZHANG, Aidan	5:06.40	BAC SC Invitational
8	DINDAYAL, Zayden	5:08.20	JP Fiset
9	FAHMI, Tamim	5:08.83	PanAM OPen
10	MAAMARI, Nadim	5:13.39	B Champs



PLACE	NAME	SWIMTIME	MEET
1	GONGORA GAYTAN, Daniela	5:10.33	PanAM OPen
2	DONNELLY, Megan	5:14.65	PanAM OPen
3	TAHIR, Hailey	5:15.56	JP Fiset
4	FRENCH, Cordelia	5:16.85	LAC - Nothers
5	XIA, Vanessa	5:23.38	PanAM OPen
6	ROBICHAUD, Amelie	5:24.59	JP Fiset
7	MALHAS, Maya	5:26.22	LAC - Nothers
8	SONG, Anna	5:30.11	PanAM OPen
9	SUN, Miranda	5:32.96	JP Fiset
10	PATRICK, Sidney	5:37.29	JP Fiset