

Oakville Aquatic Club

RECORDS OAK LC

LC Meters-Female

10 & U	50	Free	30.91	3-Jun-05	OAK	Mika Spencer at STAR KICK-OFF LONG COURSE ABC MEET
	100	Free	1:09.99	30-Jun-11	OAK	Nina Tomic at 2011 LC Junior and PARA Provincials
	200	Free	2:29.50	30-Jun-11	OAK	Nina Tomic at 2011 LC Junior and PARA Provincials
	400	Free	5:05.20	1-Jan-78	OAK	V. Reiferstein
	800	Free	11:23.87	28-May-11	OAK	Sarah Cauvel at Taking Up The Slack Meet
	1500	Free	25:00.00	1-Aug-00		No Record
	50	Back	36.45	7-Jul-05	OAK	Marni Oldershaw at 2005 LC JR/SWAD Provincials
	100	Back	1:17.71	30-Jun-11	OAK	Sarah Cauvel at 2011 LC Junior and PARA Provincials
	200	Back	2:48.83	30-Jun-11	OAK	Sarah Cauvel at 2011 LC Junior and PARA Provincials
	50	Breast	42.04	1-Jan-03	OAK	Erin Assman
	100	Breast	1:29.20	30-Jun-11	OAK	Nina Tomic at 2011 LC Junior and PARA Provincials
	200	Breast	3:21.01	3-Jun-11	OAK	Nina Tomic at STAR LONG COURSE ABC MEET 2011
	50	Fly	35.63	28-May-11	OAK	Sarah Cauvel at Taking Up The Slack Meet
	100	Fly	1:21.34	2-May-08	OAK	Michelle Gervais at 2008 Hicken Invitational
	200	Fly	3:00.73	11-Apr-08	OAK	Michelle Gervais at The Victor Davis Memorial Cup 2008
	200	IM	2:50.28	30-Jun-11	OAK	Nina Tomic at 2011 LC Junior and PARA Provincials
	400	IM	6:04.23	11-Apr-08	OAK	Michelle Gervais at The Victor Davis Memorial Cup 2008
	200	Free Relay	2:12.39	7-Jul-05	OAK	M. Spencer, J. Keire, M. Oldershaw, C. Ross
	400	Free Relay	4:55.70	7-Jul-05	OAK	M. Spencer, J. Keire, M. Oldershaw, C. Ross
	200	Medley Relay	2:32.50	15-Apr-11	OAK	S. Cauvel, T. Slavkovska, E. Tsang, N. Tomic
400	Medley Relay	5:38.18	30-Jun-11	OAK	S. Cauvel, T. Slavkovska, N. Tomic, J. Chow	
11-12	50	Free	28.13	19-Jul-07	OAK	Mika Spencer at Championnats nationaux groupe
	100	Free	1:00.34	19-Jul-07	OAK	Mika Spencer at Championnats nationaux groupe
	200	Free	2:11.15	19-Jul-07	OAK	Mika Spencer at Championnats nationaux groupe
	400	Free	4:40.24	5-Jul-07	OAK	Mika Spencer at 2007 LC JR/SWAD Provincials
	800	Free	9:34.10	1-Jan-75	OAK	S. Piasecki
	1500	Free	19:06.96	20-Jul-06	OAK	Jacqueline Keire at 2006 Canadian Age Group Nationals
	50	Back	32.36	31-May-07	OAK	Marni Oldershaw at 2007 Age Group International
	100	Back	1:08.95	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	200	Back	2:27.87	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	50	Breast	36.10	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	100	Breast	1:18.26	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	200	Breast	2:48.38	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	50	Fly	30.96	19-Jul-07	OAK	Mika Spencer at Championnats nationaux groupe
	100	Fly	1:08.76	19-Jul-07	OAK	Mika Spencer at Championnats nationaux groupe
	200	Fly	2:29.84	21-Jul-10	OAK	Olivia Sinclair at 2010 Canadian Age Group Championship
	200	IM	2:28.04	19-Jul-07	OAK	Marni Oldershaw at Championnats nationaux groupe
	400	IM	5:16.09	5-Jul-07	OAK	Marni Oldershaw at 2007 LC JR/SWAD Provincials
	200	Free Relay	1:55.75	5-Jul-07	OAK	M. Oldershaw, B. Jordan, A. Harrison, M. Spencer
	400	Free Relay	4:12.90	5-Jul-07	OAK	M. Oldershaw, B. Jordan, A. Harrison, M. Spencer
	200	Medley Relay	2:08.58	5-Jul-07	OAK	A. Harrison, M. Oldershaw, B. Jordan, M. Spencer
400	Medley Relay	4:43.64	5-Jul-07	OAK	A. Harrison, M. Oldershaw, B. Jordan, M. Spencer	

Oakville Aquatic Club

RECORDS OAK LC

13-14	50	Free	27.23	15-Jul-09	OAK	Sharalynn Missiuna at Championnats canadiens groupe	
	100	Free	58.66	15-Jul-09	OAK	Mika Spencer at Championnats canadiens groupe	
	200	Free	2:07.66	15-Jul-09	OAK	Mika Spencer at Championnats canadiens groupe	
	400	Free	4:28.30	1-Jan-75	OAK	L. Matheson	
	800	Free	9:17.88	4-Jun-09	OAK	Marni Oldershaw at 2009 Sr.Provincials & AGI	
	1500	Free	17:39.78	1-May-09	OAK	Marni Oldershaw at 2009 Hicken Invitational	
	50	Back	30.50	2-Jul-09	OAK	Annie Harrison at 2009 LC Junior and PARA Provincials	
	100	Back	1:04.07	14-May-09	OAK	Annie Harrison at 2009 NC Charlotte UltraSwim	
	200	Back	2:14.28	14-May-09	OAK	Annie Harrison at 2009 NC Charlotte UltraSwim	
	50	Breast	35.16	19-Jul-07	OAK	Clara Armstrong at Championnats nationaux groupe	
	100	Breast	1:15.31	15-Jul-09	OAK	Marni Oldershaw at Championnats canadiens groupe	
	200	Breast	2:39.63	1-Jan-01	OAK	Kimmi Labbett	
	50	Fly	29.21	15-Jul-09	OAK	Mika Spencer at Championnats canadiens groupe	
	100	Fly	1:05.00	4-Jun-09	OAK	Mika Spencer at 2009 Sr.Provincials & AGI	
	200	Fly	2:22.99	1-Jan-80	OAK	H. Bourdreault	
	200	IM	2:19.40	15-Jul-09	OAK	Marni Oldershaw at Championnats canadiens groupe	
	400	IM	4:52.21	5-Aug-09	OAK	Marni Oldershaw at 2009 CA North American Challenge Cup	
	200	Free Relay	1:50.98	2-Jul-09	OAK	S. Missiuna, B. Jordan, V. Johansson, M. Spencer	
	400	Free Relay	3:58.97	15-Jul-09	OAK	S. Missiuna, M. Oldershaw, V. Johansson, M. Spencer	
	200	Medley Relay	2:00.56	2-Jul-09	OAK	A. Harrison, M. Oldershaw, M. Spencer, S. Missiuna	
	400	Medley Relay	4:23.12	4-Jun-09	OAK	A. Harrison, M. Oldershaw, M. Spencer, S. Missiuna	
	15-16	50	Free	26.60	1-Jan-00	OAK	Laura Pomeroy
		100	Free	57.87	30-Mar-11	OAK	Sharalynn Missiuna at 2011 World Trials
200		Free	2:04.92	30-Jun-11	OAK	Mika Spencer at 2011 LC Junior and PARA Provincials	
400		Free	4:18.00	30-Mar-11	OAK	Annie Harrison at 2011 World Trials	
800		Free	9:05.12	21-Jul-11	OAK	Mika Spencer at Championnats nationaux d'été 2	
1500		Free	17:59.13	30-Apr-10	OAK	Marni Oldershaw at 2010 Hicken Invitational	
50		Back	29.90	15-Jul-09	OAK	Julie Calvert at Championnats canadiens groupe	
100		Back	1:03.19	21-Jul-11	OAK	Marni Oldershaw at Championnats nationaux d'été 2	
200		Back	2:16.03	28-Jul-10	OAK	Annie Harrison at 2010 Summer National Championships	
50		Breast	32.27	8-Jul-09	OAK	Tera Van Beilen at 2009 World Championship Trials	
100		Breast	1:08.50	1-Aug-09	OAK	Tera Van Beilen at Tri-Nations	
200		Breast	2:30.01	15-Jul-09	OAK	Tera Van Beilen at Championnats canadiens groupe	
50		Fly	28.59	28-Jul-10	OAK	Julie Calvert at 2010 Summer National Championships	
100		Fly	1:03.85	15-Jul-09	OAK	Julie Calvert at Championnats canadiens groupe	
200		Fly	2:18.63	21-Jul-11	OAK	Marni Oldershaw at Championnats nationaux d'été 2	
200		IM	2:17.20	21-Jul-11	OAK	Marni Oldershaw at Championnats nationaux d'été 2	
400		IM	4:49.65	2-Jun-11	OAK	Marni Oldershaw at 2011 Age Group International	
200		Free Relay	1:51.06	2-Jul-09	OAK	E. Assman, M. Spencer, A. Kalman, S. Missiuna	
400		Free Relay	3:56.58	30-Jun-11	OAK	M. Spencer, S. Missiuna, A. Harrison, M Oldershaw	
800		Free Relay	9:46.61	14-Jul-06	OAK	C. Antonsen, K.Sils, S.Dibblee, C.MacLennan	
200		Medley Relay	1:59.23	2-Jul-09	OAK	A. Harrison, T. Van Beilen, J. Calvert, S. Missiuna	
400		Medley Relay	4:18.10	8-Jul-09	OAK	A. Harrison, T. Van Beilen, J. Calvert, S. Missiuna	

Oakville Aquatic Club

RECORDS OAK LC

17 & O	50	Free	25.85	1-Jan-02	OAK	Laura Pomeroy
	100	Free	56.92	1-Jan-01	OAK	Laura Pomeroy
	200	Free	2:05.75	20-Jan-12	OAK	Mika Spencer at Ontario Cup 2012
	400	Free	4:19.54	16-Aug-11	OAK	Annie Harrison at FINA: 3rd World Youth Champion
	800	Free	9:02.87	20-Jan-12	OAK	Mika Spencer at Ontario Cup 2012
	1500	Free	17:11.91	16-Aug-11	OAK	Annie Harrison at FINA: 3rd World Youth Champion
	50	Back	30.25	30-Mar-11	OAK	Julie Calvert at 2011 World Trials
	100	Back	1:03.49	20-Jan-12	OAK	Marni Oldershaw at Ontario Cup 2012
	200	Back	2:15.36	20-Jan-12	OAK	Annie Harrison at Ontario Cup 2012
	50	Breast	31.45	14-Aug-11	OAK	Tera Van Beilen at Universiade 2011
	100	Breast	1:08.24	14-Aug-11	OAK	Tera Van Beilen at Universiade 2011
	200	Breast	2:26.78	14-Aug-11	OAK	Tera Van Beilen at Universiade 2011
	50	Fly	27.73	30-Jun-11	OAK	Sherry Patel at Coupe Canada/Coupe Quebec 2011
	100	Fly	1:03.15	27-Jul-11	OAK	Sherry Patel at 2011 Canadian Age Group Championship
	200	Fly	2:18.94	1-Jan-84	OAK	L. Carter
	200	IM	2:18.80	20-Jan-12	OAK	Marni Oldershaw at Ontario Cup 2012
	400	IM	4:49.43	25-Nov-11	OAK	Annie Harrison at 2011 Canada Cup
	200	Free Relay	1:48.10	30-Jun-11	OAK	M. Spencer, S. Missiuna, J. Calvert, A. Harrison
	400	Free Relay	3:56.26	21-Jul-11	OAK	S. Missiuna, M. Spencer, T. Van Beilen, A. Harrison
	800	Free Relay	8:31.83	21-Jul-11	OAK	M. Spencer, A. Harrison, M. Oldershaw, T. Van Beilen
	200	Medley Relay	1:58.62*	21-Jan-11	OAK	M. Oldershaw, T. Van Beilen, J. Calvert, S. Missiuna
	200	Medley Relay	1:58.62*	30-Jun-11	OAK	M. Oldershaw, J. Calvert, B. Jordan, S. Missiuna
	400	Medley Relay	4:14.65	21-Jul-11	OAK	M. Oldershaw, T. Van Beilen, E. Assman, M. Spencer

Oakville Aquatic Club

RECORDS OAK LC

LC Meters-Male

10 & U	50	Free	31.97	1-Jan-93	OAK	Andrew Hurd
	100	Free	1:10.54	1-Jan-88	OAK	N. Sutherland
	200	Free	2:33.81	1-Jan-80	OAK	M. Gurzi
	400	Free	5:20.97	1-Jan-80	OAK	M. Gurzi
	800	Free	11:18.20	28-May-11	OAK	Hugo Truong at Taking Up The Slack Meet
	1500	Free	21:31.69	7-Jul-11	OAK	Collyn Gagne at 2011 ManSask LC Championships
	50	Back	36.27	1-Jan-91	OAK	Craig Ross
	100	Back	1:18.88	1-Jan-91	OAK	Craig Ross
	200	Back	2:50.48	9-Jun-11	OAK	Collyn Gagne at 2011 CRLC
	50	Breast	42.78	1-Jan-94	OAK	J. Moga
	100	Breast	1:28.02	1-Jan-87	OAK	P. Simovic
	200	Breast	3:10.70	1-Jan-87	OAK	P. Simovic
	50	Fly	34.94	5-May-06	OAK	Michael Seifert at 2006 Dr. Ralph Hicken Invitational
	100	Fly	1:18.07	5-May-06	OAK	Michael Seifert at 2006 Dr. Ralph Hicken Invitational
	200	Fly	3:04.64	13-May-06	OAK	Michael Seifert at NYAC May Performance Meet
	200	IM	2:50.60	30-Jun-11	OAK	Collyn Gagne at 2011 LC Junior and PARA Provincials
	400	IM	6:12.46	7-Jul-11	OAK	Collyn Gagne at 2011 ManSask LC Championships
	200	Free Relay	2:18.25	1-Jan-93	OAK	Soondarsingh, A. Hurd, McLean, J. Moga
	400	Free Relay	5:49.14	2-Jun-06	OAK	E. White, M. Martyn, J. Baddeliyanage, G. MacLennan
	200	Medley Relay	2:37.40	1-Jan-90	OAK	C. Ross, Adam, Syer, J. Bulter
400	Medley Relay	6:54.74	3-Jun-11	OAK	R. Wilkins, T. Smith, L. Whitton, H. Malcolm	
11-12	50	Free	27.75	1-Jan-89	OAK	J. Howard
	100	Free	59.99	27-Jul-11	OAK	Ali Baki at 2011 Canadian Age Group Championship
	200	Free	2:11.25	30-Jun-11	OAK	Ali Baki at 2011 LC Junior and PARA Provincials
	400	Free	4:35.85	27-Jul-11	OAK	Ali Baki at 2011 Canadian Age Group Championship
	800	Free	9:30.34	27-Jul-11	OAK	Ali Baki at 2011 Canadian Age Group Championship
	1500	Free	17:58.49	1-Jan-80	OAK	D. Botsford
	50	Back	31.94	27-Jul-11	OAK	Luka Tomic at 2011 Canadian Age Group Championship
	100	Back	1:08.34	7-Aug-08	OAK	Mitchell Gour at North American Challenge Cup 2008
	200	Back	2:25.65	7-Aug-08	OAK	Mitchell Gour at North American Challenge Cup 2008
	50	Breast	38.91	3-Jun-10	OAK	Jay Lansiquot at 2010 Age Group International
	100	Breast	1:15.90	1-Jan-99	OAK	Marco Monaco
	200	Breast	2:42.01	1-Jan-99	OAK	Marco Monaco
	50	Fly	29.29	3-Jun-10	OAK	Matthew Mac at 2010 Age Group International
	100	Fly	1:05.41	1-Jan-99	OAK	Marco Monaco
	200	Fly	2:28.10	1-Jan-99	OAK	Marco Monaco
	200	IM	2:25.28	1-Jan-99	OAK	Marco Monaco
	400	IM	5:06.09	1-Jan-99	OAK	Marco Monaco
	200	Free Relay	1:57.92	1-Jan-91	OAK	A. Pienaar, B. Tan, S. Ross, B. McGuire
	400	Free Relay	4:22.45	3-Jun-10	OAK	A. Karam, J. Lansiquot, L. Charbonneau, M. Mac
	200	Medley Relay	2:13.57	1-Jan-91	OAK	A. Pienaar, B. Tan, S. Ross, B. McGuire
	400	Medley Relay	4:55.49	6-Jul-06	OAK	M. Darragh, J. Cavanagh, K. Kikot, R. Scarrow

Oakville Aquatic Club

RECORDS OAK LC

13-14	50	Free	25.69	3-Jul-08	OAK	Kent Kikot at 2008 ON LC JR/SWAD Provincials
	100	Free	56.56	7-Aug-08	OAK	Mack Darragh at North American Challenge Cup 2008
	200	Free	2:01.50	1-Jan-78	OAK	T. Taggart
	400	Free	4:14.40	1-Jan-78	OAK	T. Taggart
	800	Free	8:58.40	2-May-08	OAK	Mack Darragh at 2008 Hicken Invitational
	1500	Free	16:58.60	1-Jan-78	OAK	T. Taggart
	50	Back	29.16	21-Jul-10	OAK	Mitchell Gour at 2010 Canadian Age Group Championship
	100	Back	1:02.71	21-Jul-10	OAK	Mitchell Gour at 2010 Canadian Age Group Championship
	200	Back	2:14.66	21-Jul-10	OAK	Mitchell Gour at 2010 Canadian Age Group Championship
	50	Breast	32.45	1-Jan-01	OAK	Marco Monaco
	100	Breast	1:09.36	1-Jan-01	OAK	Marco Monaco
	200	Breast	2:31.00	7-Aug-08	OAK	Mack Darragh at North American Challenge Cup 2008
	50	Fly	27.17	15-Jul-09	OAK	Peter Serles at Championnats canadiens groupe
	100	Fly	1:00.47	24-Jul-08	OAK	Mack Darragh at 2008 Age Group Nationals
	200	Fly	2:12.14	20-Jan-12	OAK	Mackenzie Hamill at Ontario Cup 2012
	200	IM	2:15.38	14-Feb-08	OAK	Mack Darragh at 2008 SPEEDO EASTERN CHAMPS
	400	IM	4:45.57	7-Aug-08	OAK	Mack Darragh at North American Challenge Cup 2008
	200	Free Relay	1:44.24	3-Jul-08	OAK	R. Scarrow, M. Darragh, N. Lang, K. Kikot
	400	Free Relay	3:50.89	3-Jul-08	OAK	M. Darragh, R. Maccarone, R. Scarrow, K. Kikot
	800	Free Relay	8:57.72	21-Jul-10	OAK	M. Hamill, M. Mac, A. Wood, D. Pajovic
	200	Medley Relay	1:56.50	3-Jul-08	OAK	N. Lang, M. Darragh, K. Kikot, R. Scarrow
	400	Medley Relay	4:15.63	3-Jul-08	OAK	N. Lang, M. Darragh, K. Kikot, R. Scarrow
	15-16	50	Free	24.65	1-Jan-96	OAK
100		Free	53.60	21-Jul-10	OAK	Reid Scarrow at 2010 Canadian Age Group Championship
200		Free	1:55.84	19-Jul-07	OAK	Curtis Samuel at Championnats nationaux groupe
400		Free	4:08.99	4-Jan-10	OAK	Mack Darragh at 2010 NSW State 13-18 Years Age Championships
800		Free	8:41.87	6-Jul-06	OAK	Curtis Samuel at 2006 LC JR/SWAD Provincials
1500		Free	16:23.33	5-Jul-07	OAK	Curtis Samuel at 2007 LC JR/SWAD Provincials
50		Back	28.61	19-Jul-07	OAK	Zack Chetrat at Championnats nationaux groupe
100		Back	59.91	1-Jul-10	OAK	Mack Darragh at Junior Provincial Long Course Championships
200		Back	2:09.10	31-Mar-10	OAK	Mack Darragh at Essais des Championnats Pan Pa
50		Breast	31.10	15-Jul-09	OAK	Mack Darragh at Championnats canadiens groupe
100		Breast	1:05.66	1-Jan-03	OAK	Marco Monaco
200		Breast	2:21.62	1-Jan-03	OAK	Marco Monaco
50		Fly	26.53	19-Jul-07	OAK	Zack Chetrat at Championnats nationaux groupe
100		Fly	56.31	28-Jul-10	OAK	Mack Darragh at 2010 Summer National Championships
200		Fly	2:03.55	28-Jul-10	OAK	Mack Darragh at 2010 Summer National Championships
200		IM	2:07.53	28-Jul-10	OAK	Mack Darragh at 2010 Summer National Championships
400		IM	4:26.37	5-Aug-10	OAK	Mack Darragh at 2010 North American Challenge Cup
200		Free Relay	1:38.96	1-Jul-10	OAK	K. Kikot, M. Darragh, P. Serles, R. Scarrow
400		Free Relay	3:38.11	1-Jul-10	OAK	K. Kikot, M. Darragh, P. Serles, R. Scarrow
800		Free Relay	8:12.71	21-Jul-10	OAK	G. Assaad, M. Gour, D. Whiteside, P. Serles
200		Medley Relay	1:52.16	1-Jul-10	OAK	M. Darragh, J. Cavanagh, K. Kikot, R. Scarrow
400		Medley Relay	4:02.15	1-Jul-10	OAK	M. Darragh, M. Matuszczak, K. Kikot, R. Scarrow

Oakville Aquatic Club**RECORDS OAK LC**

17 & O	50	Free	24.18	1-Jan-97	OAK	Sandy Henderson
	100	Free	52.11	21-Jul-11	OAK	Kent Kikot at Championnats nationaux d'été 2
	200	Free	1:54.80	14-May-09	OAK	Curtis Samuel at 2009 NC Charlotte UltraSwim
	400	Free	4:06.36	1-Apr-08	OAK	Curtis Samuel at Essais de natation Beijing Swimming Trials
	800	Free	8:33.56	21-Jul-11	OAK	Reid Scarrow at Championnats nationaux d'été 2
	1500	Free	15:50.91	30-Jun-11	OAK	Zack Chetrat at Coupe Canada/Coupe Quebec 2011
	50	Back	28.15	19-Jul-07	OAK	Cameron Cummings at Championnats nationaux groupe
	100	Back	59.28	19-Jul-07	OAK	Cameron Cummings at Championnats nationaux groupe
	200	Back	2:08.21	1-Apr-08	OAK	Cam Cummings at Essais de natation Beijing Swimming Trials
	50	Breast	30.83	27-Jul-11	OAK	Reid Scarrow at 2011 Canadian Age Group Championship
	100	Breast	1:04.88	1-Jan-00	OAK	B. Tan
	200	Breast	2:23.10	30-Jun-11	OAK	Mack Darragh at 2011 LC Junior and PARA Provincials
	50	Fly	26.10	20-Jun-11	OAK	Zack Chetrat at Coupe Canada/Coupe Quebec 2011
	100	Fly	54.31	30-Mar-11	OAK	Zack Chetrat at 2011 World Trials
	200	Fly	1:58.88	30-Mar-11	OAK	Zack Chetrat at 2011 World Trials
	200	IM	2:04.97	16-Aug-11	OAK	Mack Darragh at FINA: 3rd World Youth Champion
	400	IM	4:25.43	30-Mar-11	OAK	Mack Darragh at 2011 World Trials
	200	Free Relay	1:38.48	30-Jun-11	OAK	K. Kikot, R. Scarrow, G. Assaad, M. Darragh
	400	Free Relay	3:32.53	21-Jul-11	OAK	K. Kikot, Z. Chetrat, R. Scarrow, C. Samuel
	800	Free Relay	7:49.04	21-Jul-11	OAK	K. Kikot, C. Samuel, R. Scarrow, M. Darragh
	200	Medley Relay	1:50.71	30-Jun-11	OAK	M. Darragh, J. Cavanagh, K. Kikot, R. Scarrow
	400	Medley Relay	3:57.72	21-Jul-11	OAK	C. Samuel, M. Darragh, K. Kikot, R. Scarrow