

Oakville Aquatic Club

RECORDS OAK SC

SC Meters-Female

10 & U	50	Free	30.99	1-Jan-94	OAK	Laura Pomeroy
	100	Free	1:08.67	26-Feb-09	OAK	Nicole Bullock at Junior Provincial Short Course Championships
	200	Free	2:24.38	26-Feb-09	OAK	Nicole Bullock at Junior Provincial Short Course Championships
	400	Free	5:05.20	1-Jan-79	OAK	V. Reifenstein
	800	Free	10:57.63	20-Dec-08	OAK	Nicole Bullock at Oakville Distance Qualifier
	50	Back	36.91	12-Dec-03	OAK	Erin Assman at Lisa Flood Christmas Classic
	100	Back	1:18.36	28-Feb-08	OAK	Michelle Gervais at 2008 Jr. S.C. Provincial Championship
	200	Back	2:48.59	28-Feb-08	OAK	Michelle Gervais at 2008 Jr. S.C. Provincial Championship
	50	Breast	39.79	4-Mar-04	OAK	Erin Assman at 2004 Short Course Junior & SWAD Provincials
	100	Breast	1:26.89	26-Feb-09	OAK	Nicole Bullock at Junior Provincial Short Course Championships
	200	Breast	3:09.27	9-Jan-09	OAK	Nicole Bullock at Cobra Cash Challenge 2009
	50	Fly	34.48	4-Mar-04	OAK	Erin Assman at 2004 Short Course Junior & SWAD Provincials
	100	Fly	1:22.13	7-Dec-07	OAK	Michelle Gervais at Team Aquatic Supplies - Dash for Cash
	200	Fly	3:04.87	7-Dec-07	OAK	Michelle Gervais at Team Aquatic Supplies - Dash for Cash
	100	IM	1:20.70	24-Feb-05	OAK	Marni Oldershaw at Junior Provincial Short Course
	200	IM	2:50.95	26-Feb-09	OAK	Nicole Bullock at Junior Provincial Short Course Championships
	400	IM	6:10.89	15-Dec-07	OAK	Michelle Gervais at OAK Distance Meet 2007
	200	Free Relay	2:14.93	24-Feb-05	OAK	C. Ross, M. Spencer, J. Keire, M. Oldershaw
	400	Free Relay	4:59.13	24-Feb-05	OAK	M. Spencer, J. Keire, M. Oldershaw, C. Ross
	200	Medley Relay	2:36.21	23-Jan-09	OAK	A. Fabugais-Inaba, J. Truong, H. Hunt, N. Bullock
400	Medley Relay	5:52.38	24-Feb-05	OAK	C. Ross, M. Oldershaw, M. Spencer, J. Keire	
11-12	50	Free	27.82	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	100	Free	59.96	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	200	Free	2:09.50	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	400	Free	4:33.16	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	800	Free	9:33.50	1-Jan-75	OAK	S. Piasecki
	1500	Free	18:58.76	16-Dec-06	OAK	Marni Oldershaw at Oak Distance Qualifier Meet
	50	Back	32.16	6-Jun-07	OAK	Marni Oldershaw at May30TimeTrial
	100	Back	1:07.46	1-Mar-07	OAK	Marni Oldershaw at 2007 SC JR/SWAD Provincials
	200	Back	2:26.68	1-Mar-07	OAK	Marni Oldershaw at 2007 SC JR/SWAD Provincials
	50	Breast	36.59	19-Jan-07	OAK	Clara Armstrong at Oakville January Invitational
	100	Breast	1:17.31	28-Feb-08	OAK	Bridget Jordan at 2008 Jr. S.C. Provincial Championship
	200	Breast	2:45.31	1-Mar-07	OAK	Marni Oldershaw at 2007 SC JR/SWAD Provincials
	50	Fly	31.53	19-Jan-07	OAK	Mika Spencer at Oakville January Invitational
	100	Fly	1:08.17	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	200	Fly	2:34.28	1-Mar-07	OAK	Mika Spencer at 2007 SC JR/SWAD Provincials
	100	IM	1:19.62	3-Mar-07	OAK	Avery Longmore at March3TimeTrial
	200	IM	2:27.25	1-Mar-07	OAK	Marni Oldershaw at 2007 SC JR/SWAD Provincials
	400	IM	5:10.98	1-Mar-07	OAK	Marni Oldershaw at 2007 SC JR/SWAD Provincials
	200	Free Relay	1:56.42	1-Mar-07	OAK	M. Oldershaw, B. Jordan, H. Olsen, M. Spencer
	400	Free Relay	4:14.43	1-Mar-07	OAK	M. Oldershaw, B. Jordan, A. Harrison, M. Spencer
	200	Medley Relay	2:07.38	6-Jun-07	OAK	M. Oldershaw, H. Olsen, B. Jordan, M. Spencer
	400	Medley Relay	4:36.25	6-Jun-07	OAK	M. Oldershaw, H. Olsen, A. Harrison, M. Spencer

Oakville Aquatic Club

RECORDS OAK SC

13-14	50	Free	26.39	1-Jan-98	OAK	Laura Pomeroy
	100	Free	57.95	1-Jan-00	OAK	Kate Plyley
	200	Free	2:05.10	4-Dec-08	OAK	Annie Harrison at 2008 Youth Cup
	400	Free	4:21.92	1-Jan-00	OAK	Kate Plyley
	800	Free	9:04.21	26-Feb-09	OAK	Marni Oldershaw at Junior Provincial Short Course Championships
	1500	Free	17:30.79	23-Jan-09	OAK	Marni Oldershaw at Oakville Invitational
	50	Back	30.01	11-Mar-09	OAK	Marni Oldershaw at 2009 SNC Spring Nationals
	100	Back	1:02.12	11-Mar-09	OAK	Annie Harrison at 2009 SNC Spring Nationals
	200	Back	2:10.20	11-Mar-09	OAK	Annie Harrison at 2009 SNC Spring Nationals
	50	Breast	34.17	6-Dec-07	OAK	Tera Van Beilen at 2007 Youth Cup
	100	Breast	1:12.20	26-Feb-09	OAK	Marni Oldershaw at Junior Provincial Short Course Championships
	200	Breast	2:33.85	11-Mar-09	OAK	Marni Oldershaw at 2009 SNC Spring Nationals
	50	Fly	29.61	18-Feb-10	OAK	Bridget Jordan at 2010 Speedo Eastern Canadian Champs
	100	Fly	1:04.51	1-Jan-80	OAK	H. Boudreault
	200	Fly	2:21.34	1-Jan-80	OAK	H. Boudreault
	100	IM	1:16.55	23-Mar-05	OAK	Katie Fox at Interclub Meet
	200	IM	2:15.23	11-Mar-09	OAK	Marni Oldershaw at 2009 SNC Spring Nationals
	400	IM	4:43.14	11-Mar-09	OAK	Marni Oldershaw at 2009 SNC Spring Nationals
	200	Free Relay	1:49.20	26-Feb-09	OAK	S. Missiuna, A. Harrison, M. Oldershaw, M. Spencer
	400	Free Relay	3:57.79	4-Dec-08	OAK	M. Spencer, A. Harrison, M. Oldershaw, S. Missiuna
	200	Medley Relay	1:56.83	3-Jun-09	OAK	A. Harrison, M. Oldershaw, V. Johansson, S. Missiuna
	400	Medley Relay	4:13.76	3-Jun-09	OAK	A. Harrison, M. Oldershaw, M. Spencer, S. Missiuna
15-16	50	Free	26.31	1-Jan-97	OAK	Anna Lydall
	100	Free	57.14	1-Jan-97	OAK	Anna Lydall
	200	Free	2:03.35	3-Dec-09	OAK	Tera Van Beilen at 2009 Youth Cup
	400	Free	4:17.33	26-Feb-09	OAK	Tera Van Beilen at Junior Provincial Short Course Championships
	800	Free	8:57.30	26-Feb-09	OAK	Tera Van Beilen at Junior Provincial Short Course Championships
	1500	Free	16:40.16	11-Mar-09	OAK	Tera Van Beilen at 2009 SNC Spring Nationals
	50	Back	29.16	18-Feb-10	OAK	Julie Calvert at 2010 Speedo Eastern Canadian Champs
	100	Back	1:02.37	18-Feb-10	OAK	Marni Oldershaw at 2010 Speedo Eastern Canadian Champs
	200	Back	2:11.04	24-Aug-09	OAK	Annie Harrison at Canada Games 2009
	50	Breast	30.85	11-Mar-09	OAK	Tera Van Beilen at 2009 SNC Spring Nationals
	100	Breast	1:06.92	24-Aug-09	OAK	Tera Van Beilen at Canada Games 2009
	200	Breast	2:24.00	24-Aug-09	OAK	Tera Van Beilen at Canada Games 2009
	50	Fly	29.12	17-Jan-09	OAK	Julie Calvert at Ontario Cup 2009
	100	Fly	1:03.29	25-Feb-10	OAK	Marni Oldershaw at 2010 SC Junior and PARA Provincials
	200	Fly	2:15.52	25-Feb-10	OAK	Marni Oldershaw at 2010 SC Junior and PARA Provincials
	200	IM	2:14.39	25-Feb-10	OAK	Marni Oldershaw at 2010 SC Junior and PARA Provincials
	400	IM	4:42.93	24-Aug-09	OAK	Annie Harrison at Canada Games 2009
	200	Free Relay	1:47.66	25-Feb-10	OAK	J. Calvert, M. Oldershaw, T. Van Beilen, M. Spencer
	400	Free Relay	3:52.84	3-Dec-09	OAK	S. Missiuna, T. Van Beilen, M. Oldershaw, J. Calvert
	800	Free Relay	8:18.29	18-Feb-10	OAK	M. Oldershaw, S. Missiuna, J. Calvert, T. Van Beilen
	200	Medley Relay	1:55.84	25-Feb-10	OAK	M. Oldershaw, T. Van Beilen, J. Calvert, S. Missiuna
	400	Medley Relay	4:13.36	25-Feb-10	OAK	M. Oldershaw, T. Van Beilen, E. Assman, S. Missiuna

Oakville Aquatic Club**RECORDS OAK SC**

17 & O	50	Free	25.32	1-Jan-02	OAK	Laura Pomeroy
	100	Free	55.81	1-Jan-02	OAK	Laura Pomeroy
	200	Free	2:04.64	17-Feb-05	TO*	Justina DiFazio at 2005 Eastern Canadian Champion
	400	Free	4:23.65	17-Feb-05	TO*	Justina DiFazio at 2005 Eastern Canadian Champion
	800	Free	9:24.58	1-Jan-99	OAK	Jessica Warren
	1500	Free	17:55.67	25-Feb-10	OAK	Veronica Davis-Freeman at 2010 SC Junior and PARA Provincials
	50	Back	31.33	1-Jan-03	OAK	Jackie Chan
	100	Back	1:06.36	1-Jan-03	OAK	Jackie Chan
	200	Back	2:26.92	4-Mar-04	OAK	Anna Douderina at 2004 Short Course Junior & SWAD Provincials
	50	Breast	32.85	12-Dec-03	OAK	Julia Pomeroy
	100	Breast	1:10.41	1-Jan-98	OAK	Julia Pomeroy
	200	Breast	2:31.49	2-Dec-04	OAK	Kimmi Labbett at 22nd Youth Cup
	50	Fly	29.21	17-Feb-05	TO*	Justina DiFazio at 2005 Eastern Canadian Champion
	100	Fly	1:03.22	24-Feb-05	OAK	Justina DiFazio at Junior Provincial Short Course
	200	Fly	2:16.39	17-Feb-05	TO*	Justina DiFazio at 2005 Eastern Canadian Champion
	200	IM	2:23.16	1-Jan-95	OAK	S. McCleary
	400	IM	5:00.92	24-Feb-05	OAK	Justina DiFazio at Junior Provincial Short Course
	200	Free Relay	1:47.50	1-Jan-99	OAK	J. Mayville, K. Plyley, C. Bajcar, J. Pomeroy
	400	Free Relay	3:55.64	1-Jan-97	OAK	L. Pomeroy, J. Warren, T. Nesbitt, A. Lydall
	800	Free Relay	8:35.81	1-Jan-98	OAK	J. Warren, M. Arakgi, A. Lydall, C. Martin
	200	Medley Relay	2:00.49	1-Jan-98	OAK	J. Warren, J. Pomeroy, K. Plyley, L. Pomeroy
	400	Medley Relay	4:23.43	1-Jan-98	OAK	T. Nesbitt, J. Pomeroy, C. Martin, A. Lydall

Oakville Aquatic Club

RECORDS OAK SC

SC Meters-Male

10 & U	50	Free	30.03	1-Jan-00	OAK	Sam Thrall
	100	Free	1:07.70	12-Dec-08	OAK	Matthew Mac at Team Aquatic Supplies - Dash for Cash
	200	Free	2:28.40	1-Jan-00	OAK	Sam Thrall
	400	Free	5:14.88	20-Dec-08	OAK	Matthew Mac at Oakville Distance Qualifier
	800	Free	11:02.32	21-Nov-08	OAK	Matthew Mac at Nothers Invitational
	1500	Free	20:27.43	12-Dec-08	OAK	Matthew Mac at Team Aquatic Supplies - Dash for Cash
	50	Back	35.87	1-Mar-07	OAK	Mitchell Gour at 2007 SC JR/SWAD Provincials
	100	Back	1:16.88	19-Jan-07	OAK	Mitchell Gour at Oakville January Invitational
	200	Back	2:41.56	1-Mar-07	OAK	Mitchell Gour at 2007 SC JR/SWAD Provincials
	50	Breast	41.96	1-Jan-87	OAK	P.Simovic
	100	Breast	1:28.67	1-Jan-87	OAK	P. Simovic
	200	Breast	3:10.70	1-Jan-87	OAK	P. Simovic
	50	Fly	34.28	23-Feb-06	OAK	Michael Seifert at 2006 Junior/SWAD S.C. Provinci
	100	Fly	1:18.37	20-Jan-06	OAK	Michael Seifert at 19th Annual Oakville Invitatio
	200	Fly	2:57.93	12-Dec-08	OAK	Matthew Mac at Team Aquatic Supplies - Dash for Cash
	100	IM	1:18.72	1-Mar-07	OAK	Mitchell Gour at 2007 SC JR/SWAD Provincials
	200	IM	2:50.96	20-Dec-08	OAK	Matthew Mac at Oakville Distance Qualifier
	400	IM	10:00.00	1-Jan-07	OAK	No Record
	200	Free Relay	2:11.37	1-Jan-84	OAK	No Names Available
	400	Free Relay	10:00.00	1-May-02	OAK	No Record Holder
	200	Medley Relay	2:28.19	1-Jan-90	OAK	B. McGuire, J. Adams, P. Armstrong, J. Bulter
	400	Medley Relay	10:00.00	1-Sep-05	OAK	No Record
11-12	50	Free	27.50	1-Jan-89	OAK	J. Howard
	100	Free	59.19	26-Feb-09	OAK	Mitchell Gour at Junior Provincial Short Course Championships
	200	Free	2:09.20	26-Feb-09	OAK	Mitchell Gour at Junior Provincial Short Course Championships
	400	Free	4:30.98	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	800	Free	9:23.56	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	1500	Free	18:03.54	1-Jan-89	OAK	J. Howard
	50	Back	30.82	26-Feb-09	OAK	Mitchell Gour at Junior Provincial Short Course Championships
	100	Back	1:03.33	26-Feb-09	OAK	Mitchell Gour at Junior Provincial Short Course Championships
	200	Back	2:16.76	26-Feb-09	OAK	Mitchell Gour at Junior Provincial Short Course Championships
	50	Breast	35.84	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	100	Breast	1:16.49	1-Jan-98	OAK	Gareth Chandler
	200	Breast	2:44.51	1-Jan-98	OAK	Marco Monaco
	50	Fly	30.14	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	100	Fly	1:06.74	28-Feb-08	OAK	Gamal Assaad at 2008 Jr. S.C. Provincial Championship
	200	Fly	2:27.44	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	100	IM	1:15.04	4-Jan-08	OAK	Mitchell Gour at CASH CHALLENGE 2008
	200	IM	2:23.45	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	400	IM	4:59.43	7-Dec-06	OAK	Mack Darragh at 2006 Youth Cup
	200	Free Relay	1:55.34	1-Jan-91	OAK	K. Sutherland, S. Ross, N. Sutherland, A. Pienaar
	400	Free Relay	4:15.16	1-Jan-00	OAK	K. Jones, T. Partridge, S. Thrall, M. Parker
	200	Medley Relay	2:07.06	23-Oct-04	OAK	S. Fronk, R. Davison, A. Yeung, B. DYSON
	400	Medley Relay	4:44.35	4-Dec-08	OAK	M. Gour, E. White, C. Wilkins, M. Kalman

Oakville Aquatic Club

RECORDS OAK SC

13-14	50	Free	25.29	1-Jan-99	OAK	Mark Thauvette
	100	Free	54.13	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	200	Free	1:56.93	1-Jan-99	OAK	Mark Thauvette
	400	Free	4:10.90	1-Jan-98	OAK	Kyle Welsh
	800	Free	8:52.16	7-Nov-08	OAK	Mack Darragh at 2008 Harvest Invitational
	1500	Free	16:41.65	1-Jan-98	OAK	Kyle Welsh
	50	Back	28.39	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	100	Back	58.86	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	200	Back	2:10.73	25-Feb-10	OAK	Mitchell Gour at 2010 SC Junior and PARA Provincials
	50	Breast	31.45	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	100	Breast	1:07.67	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	200	Breast	2:24.38	1-Jan-00	OAK	Marco Monaco
	50	Fly	27.19	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	100	Fly	58.85	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	200	Fly	2:09.12	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	100	IM	1:09.77	1-Jan-01	OAK	Mauro Parker
	200	IM	2:08.38	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	400	IM	4:33.59	4-Dec-08	OAK	Mack Darragh at 2008 Youth Cup
	200	Free Relay	1:43.56	1-Jan-98	OAK	B. Williams, I. Ford, M. Thauvette, K. Welsh
	400	Free Relay	3:49.17	1-Jan-97	OAK	B. Williams, I. Ford, M. Thauvette, K. Welsh
	200	Medley Relay	1:56.40	1-Jan-98	OAK	I. Ford, B. Williams, K. Welsh, M. Thauvette
	400	Medley Relay	4:13.96	6-Dec-07	OAK	M. Darragh, J. Cavanagh, K. Kikot, R. Scarrow
15-16	50	Free	23.91	25-Feb-10	OAK	Kent Kikot at 2010 SC Junior and PARA Provincials
	100	Free	51.38	25-Feb-10	OAK	Kent Kikot at 2010 SC Junior and PARA Provincials
	200	Free	1:53.20	18-Feb-10	OAK	Kent Kikot at 2010 Speedo Eastern Canadian Champs
	400	Free	3:59.52	18-Feb-10	OAK	Mack Darragh at 2010 Speedo Eastern Canadian Champs
	800	Free	8:11.42	18-Feb-10	OAK	Mack Darragh at 2010 Speedo Eastern Canadian Champs
	1500	Free	15:59.18	1-Mar-07	OAK	Curtis Samuel at 2007 SC JR/SWAD Provincials
	50	Back	27.59	15-Feb-07	OAK	Zack Chetrat at Speedo Eastern Canadian Champi
	100	Back	57.96	25-Feb-10	OAK	Mack Darragh at 2010 SC Junior and PARA Provincials
	200	Back	2:05.31	15-Feb-07	OAK	Curtis Samuel at Speedo Eastern Canadian Champi
	50	Breast	29.64	18-Feb-10	OAK	Mack Darragh at 2010 Speedo Eastern Canadian Champs
	100	Breast	1:04.99	1-Jan-03	OAK	Marco Monaco
	200	Breast	2:18.23	1-Jan-03	OAK	Marco Monaco
	50	Fly	25.87	18-Feb-10	OAK	Kent Kikot at 2010 Speedo Eastern Canadian Champs
	100	Fly	56.60	18-Feb-10	OAK	Kent Kikot at 2010 Speedo Eastern Canadian Champs
	200	Fly	2:01.52	24-Aug-09	OAK	Mack Darragh at Canada Games 2009
	200	IM	2:02.56	24-Aug-09	OAK	Mack Darragh at Canada Games 2009
	400	IM	4:22.63	27-Nov-09	OAK	Mack Darragh at 2009 Canada Cup
	200	Free Relay	1:39.30	3-Dec-09	OAK	M. Darragh, P. Serles, R. Scarrow, K. Kikot
	400	Free Relay	3:33.78	25-Feb-10	OAK	M. Darragh, K. Kikot, P. Serles, R. Scarrow
	200	Medley Relay	1:50.08	4-Dec-08	OAK	B. Dyson, M. Darragh, K. Kikot, M. Lozano
	400	Medley Relay	4:02.21	26-Feb-09	OAK	M. Darragh, J. Cavanagh, K. Kikot, R. Scarrow

Oakville Aquatic Club

RECORDS OAK SC

17 & O	50	Free	23.57	1-Jan-98	OAK	Sandy Henderson
	100	Free	51.84	1-Jan-85	OAK	P. Lightbody
	200	Free	1:47.87	24-Aug-09	OAK	Curtis Samuel at Canada Games 2009
	400	Free	3:59.15	7-Dec-07	OAK	Curtis Samuel at 2007 Paul Bergen Junior International Champs
	800	Free	8:21.27	2-Nov-07	OAK	Zack Chetrat at 2007 Harvest Invitational
	1500	Free	16:08.75	16-Jan-10	OAK	Curtis Samuel at Ontario Cup 2010
	50	Back	27.49	26-Jan-08	OAK	Curtis Samuel at 17th International Meeting
	100	Back	57.42	1-Jan-97	OAK	Sandy Henderson
	200	Back	2:02.63	7-Dec-07	OAK	Curtis Samuel at 2007 Paul Bergen Junior International Champs
	50	Breast	30.26	1-Jan-03	OAK	Don Smith
	100	Breast	1:03.74	12-Dec-03	OAK	Marco Monaco
	200	Breast	2:18.75	19-Feb-04	TO*	Marco Monaco at 2004 Eastern Canadian Championships
	50	Fly	25.91	23-Nov-07	OAK	Zack Chetrat at 2007 Bell Grand Prix
	100	Fly	53.86	11-Mar-09	OAK	Zack Chetrat at 2009 SNC Spring Nationals
	200	Fly	1:55.83	11-Mar-09	OAK	Zack Chetrat at 2009 SNC Spring Nationals
	200	IM	2:08.36	19-Feb-04	TO*	Marco Monaco at 2004 Eastern Canadian Championships
	400	IM	4:25.04	16-Jan-10	OAK	Curtis Samuel at Ontario Cup 2010
	200	Free Relay	1:36.15	26-Feb-10	OAK	K. Kikot, R. Scarrow, M. Darragh, M. Lozano
	400	Free Relay	3:28.32	18-Feb-10	OAK	K. Kikot, R. Scarrow, M. Darragh, M. Lozano
	800	Free Relay	7:41.05	18-Feb-10	OAK	K. Kikot, M. Darragh, R. Scarrow, M. Lozano
	200	Medley Relay	1:47.73	25-Feb-10	OAK	M. Darragh, R. Scarrow, K. Kikot, M. Lozano
	400	Medley Relay	3:51.51	1-Jan-96	OAK	A. Pienaar, B. Tan, S. Henderson, T. Moore